

Strategies Cheat Sheet

1) Improve physical activity and nutritional intake in children in target low-income preschools.

- # sites involved
- # of youth impacted/touched
- % participant satisfaction
- % of sites implementing with fidelity
- #/% reporting improvements/gains/usefulness

2) Develop and utilize an asset inventory of resources for healthy eating and active living in Morris County.

- # resources/services reviewed or contacted
- # of workgroup hours spent assessing current systems (if applicable)
- # of new leverage points identified to improve access/capacity/systems (previously unknown to workgroup)
- # of number of new resources identified and newly added (resource guide strategies only)
- #/% of identified leverage points acted upon (may even generate new strategies)
- #/% number of resources maintained in database (resource guide strategies only)

3) Expand Interfaith Food Pantry food rescue program to distribute food left at local farms to food pantries.

- # resources/services reviewed or contacted
- # of new leverage points identified to improve access/capacity/systems (previously unknown to workgroup)
- # of number of new resources identified and newly added (resource guide strategies only)
- #/% of identified leverage points acted upon (may even generate new strategies)
- #/% number of resources maintained in database (resource guide strategies only)

4) Support local policy and environmental change to enhance physical activity and nutrition via the NJ Healthy Communities Network and other local partnerships.

- # of opportunities for improving environment/policy/systems taken on by group
- % of opportunities that are within target geography or serve target population
- # of environment/policy/systems changes implemented
- Dollar amount of new funding/resources dedicated to implemented environment/policy/system changes
- # of individuals in target geography/population who are potentially impacted by environment/policy/system changes

General Meeting Notes:

What is new since last meeting? Organize in a way that works for you. Write or type below:

Note: Performance measures reported at quarterly County meetings. To edit or add a strategy, e-mail data@njhealthmatters.org

General Meeting Notes (continued):

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