North Jersey Health Collaborative

Morris County Committee Meeting

January 14, 2021

Meeting Minutes

Attendance:

Laura O’Reilly (NJHC), Daniel Wikstrom (NJHC), Megan Heck (Head Start Program), Denise Lanza (Morris County Park Commission), Kristine Wilsusen (Rockaway Township Division of Health) Charlene O’Brien (Child and Family Resources), Lisa Alexander (Grow green Morristown) Maryann Walsh (Atlantic Health), Cynthia Winslow (Macculloch Hall Historical Museum), Carolina Oliveros (Morris County Division of Public Health), Katy Galton (Interfaith Food Pantry), Blythe Ulrich (Atlantic Health Systems), Sheri Cognetti (NJHC), Sarah Rubinstein (Atlantic Health), Elizabeth Zalme (Morris Township Health Department), Holly Dinneny (Family Partners of Morris and Sussex County), Paul Kochoa (Par5 Physical Therapy Randolph) Candace Wu (Goryeb Childrens Hospital), Krystina Jeron (NOREWESCAP Rockaway), Joyce Loch (Seabrook), Christine Hellyer (Office of Aging and Disability for Morris County), Kelsey Anderson (NORWESCAP RSVP), Mary Ellen Zung (Lakeland Hills YMCA; NJHC), Christian Esola (Madison Area YMCA), Lois Manzella-Marchitto (Fitness Knocking) Kathy D’Agati (Back to Basic Wellness), Laurel Sohigian (Atlantic Health Systems), Patricia Bonilla (CarePlusNJ)

Review of the North Jersey Health Collaborative: Laura O’Reilly [laura@njhealthmatters.org](mailto:laura@njhealthmatters.org)

Information about Community Health Improvement Plans (CHIPS) and Community Health Surveys. Guide to using website – [www.njhealthmatters.org](http://www.njhealthmatters.org) – to view Morris County CHIP, Morris County CHIP Progress Trackers, and CHIP Workgroups. Review of Cross Collaborative Workgroups and where to find them.

COVID-19 Vaccinations, Registration:

Atlantic Health System has a portal with alerts for Covid-19 vaccines on their website. While there is no phone number to call, anyone can email [Info@atlantichealth.org](mailto:Info@atlantichealth.org) to inquire about vaccinations.

Homebound individuals may need to be reached via mail or paper flyers due to lack of access to cellphones or computers. Likewise, transportation options may be available for individuals who are homebound due to lack of transportation or physical disability.

Screen NJ: Mary Ellen Zung [maryellen@njhealthmatters.org](mailto:maryellen@njhealthmatters.org)

Screen NJ has awarded a grant to the North Jersey Health Collaborative to promote Lung and Colorectal Cancer Screenings among underserved populations in North Jersey. Target populations will be those with severe, persistent mental health disorders, LGBTQ+ populations, and uninsured populations.

Lung Screenings: Low dose CT scans are used to safely and effectively detect lung cancer. Those who should get screened: past smokers, present smokers, those who’ve quit smoking in the past 15 years, and those over the age of 55.

Colorectal Screenings: Colorectal cancer is the third most common type of cancer in both men and women and is the second leading cause of cancer death after lung cancer. Regular screenings can improve treatment outcomes and mortality rates.

Partner Updates:

Mary Ellen Zung:

If you have burned out staff, they can join this Nurture the Nurturer webinar next Wednesday at 12:00 noon part of a 5 part series. kathy D’Agati started us off two weeks ago, and Lois is on deck in two weeks. Great series sponsored by Unicity Healthcare. <https://www.linkedin.com/feed/update/urn:li:activity:6755492251092221952/>

Holly Dinneny:

Come hear Laura's presentation on "A Must Have Health Checklist for 2021" today at noon: <https://zoom.us/meeting/register/up0kfuuuqDwoskdW8C32xmeAWCZ58AqSmA>

Blythe Ulrich:

Atlantic Health Systems (AHS) was also awarded funding from ScreenNJ for the screenings and for community tobacco cessation groups and NRT. Once we have our promotional materials ready, I will share with NJHC.

Laura O’Reilly

Our calendar is on [www.njhealthmatters.org/calendar](http://www.njhealthmatters.org/calendar)

Lisa Alexander:

Any volunteer opportunities for indiv. or families even virtually for MLK, Jr. Day of Service please pass on to Lisa@growitgreenmorristown.org We have a lot of high school students too looking for volunteer options

Denise Lanza:

Team DeStig is a Mental Health Collaborative group and partner with the Morris County Chamber of Commerce. Please email [TeamDeStig4MentalHealth@gmail.com](mailto:TeamDeStig4MentalHealth@gmail.com) if you are interested.

The Morris County Chamber of Commerce also hosts Nonprofit Roundtable Meetings.

Lois Manzella-Marchitto:

Our Health and Wellness Mastermind meets 2nd and 4th Thursday of the month

Kathy D’Agati:

The Morris Chamber is now collaborating to create a Hiking Club, this Saturday at 8:30 Lois Morris Park at Sunrise Lake Parking Lot.

Joyce Loch:

Happy New Year Everyone! Joyce Loch Seabrook 973-309-2710 email JLOCH@seabrook.com. I am a Certified Peer Recovery Specialist and Outreach for Seabrook. We provide full continuum of care for Substance Use Disorders and have Morristown Outpatient office in Morristown.