



Morris County Committee

Date: April 9, 2019

Facilitator: Laura O'Reilly Stanzilis RN, MSM, NJHC Executive Director

Chair: Jodi Miciak, United Way Northern New Jersey

Vice Chair: Denise Lanza, Assistant Deputy Director, Morris County Park Commission

Virtual Online Meeting

Time: 9:30am – 10:45am

Number of attendees: 49

Welcome – Laura O'Reilly Stanzilis, RN, MSM; NJHC Executive Director
– Welcomed attendees and gave brief overview and mission of NJHC

Julie DeSimone, LSW, Program Officer, Mayors Wellness Campaign

jdesimone@njhqi.org

New Jersey Health Care Quality Institute www.njhqi.org

– Gave overview of Mayors Wellness Campaign

Madine Despina, Self-Help, Advocacy and Education

mdespeine@mhaessexmorris.org

Mental Health Association of Essex and Morris www.mhaessexmorris.org/

– Gave overview of services and resources provided by MHA. Also talked about COVID bringing about stress and anxiety during this unprecedented time

Suzanne Ross, Marketing and Communications Manager srss@nj211.org

NJ211 www.nj211.org

– Gave overview of NJ211 and update about increased calls/emails due to COVID

Nancy Hess, Program Director Hessn@norwesap.org

NORWESCAP <https://norwesap.org/civic-engagement-volunteerism/rsvp/>

○ Focusing on evidence base programs: Matter of Balance and Healthy Bones

Morris and Somerset Regional Chronic Disease Coalition

- Lea Kimmelman, Health Educator/Regional Chronic Disease Coordinator unable to attend the meeting however Laura O’Reilly Stanzilis shared the coalition is working on cancer and diabetes prevention initiatives.

Morris County Workgroups Overview

1. Obesity Workgroup - Denise Lanza, Assistant Deputy Director, Morris County Park Commission
 - Shared current initiatives which include preschool garden initiative and working with Shaping Dover and Grow It Green.
2. Mental Health Workgroup – Kristine Wilsusen, Health Educator, Jefferson Township KristineWilsusen@gmail.com
 - Gave updates about mental health initiatives

NJHC Data Collection - Laura O’Reilly Stanzilis

- Shared that a survey will be sent to partners to gather data about individuals/clients served and more. More information to come.

Next Meeting: July 9, 2020 at 9:30am – Location TBD