



Minutes for Morris County Committee NJHC

Tuesday, October 18, 2022

Meeting was brought to order by Sarah Rubinstein at 10:03am with 32 participants attending.
Forum – Zoom

Roll Call:

Laura O'Reilly-Stanzilis, Sarah Rubenstein, Elizabeth Davidson, Charlene O'Brian, Mary Ellen Zung, Emely Santiago, Denise Lanza, Leslie Bivins, Megan Biemesderfer, Margaret Hoover, Nora Habafy, Holly Dinneny, Kathy D'Agati, Cynthia Winslow, Deb Day, Marisol Saenz, Ann Marie Peterson, Candace Wu, Victoria Buhl, Anh Phan, Katie Cunningham, Julissa Lituma, Katherine Sheldon, Maria Ross, Imge Uludogan, Laura Ziegert, Maisiel Guzman

Notes:

Sarah Rubinstein: Welcome and introductions. Introduces Laura O'Reilly-Stanzilis, Executive Director of The North Jersey Health Collaborative

Laura O'Reilly-Stanzilis: Executive Director of The North Jersey Health Collaborative

- Update and outline of the Morris County 2022 Community Health Improvement Plan (CHIP)
 - The Community Health Needs Assessment (CHNA) was the basis of the CHIP.
 - Topics are Chronic Disease and Cancer, Mental Health and Substance Misuse, Maternal and Child Health, Healthy Aging, and COVID-19 Testing and Vaccinations.
 - Please reach out to Laura if your organization's efforts are not included in the CHIP

Chat:

Laura O'Reilly Stanzilis

Thrivemorris.com AND <https://www.thrivemorris.com/event/hike-with-team-thrive-morris-for-nourishnj/>

Victoria Buhl

Feel free to reach out to me personally for more information about the American Heart Association - Victoria.Buhl@heart.org. Thanks!

Kristine Wilsusen

Where can we add or of our programs? Through the North Jersey Health Collaborative, correct?

Leslie A Bivins

How can we get event on the ThriveMorris.com site

Charlene O'Brien

If we need to update what we contribute to the Maternal and Child Health - where do we add that?

Laura Ziegert

Hi all! Laura Ziegert Tri County Behavioral Care and Aeroflex Equine Therapy intake number 201 213-919-6180 my cell is 2012138432

Lauraziegert@aeroflexequine.com

www.aeroflexequine.com

Elisabeth Davidson

Elisabeth Davidson at davidson@norwescap.net is inviting you to a scheduled MCCYC Education Committee on 10/27/22 at 1 p.m.

Time: Oct 27, 2022 01:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://norwescap.zoom.us/j/81729058738>

Meeting ID: 817 2905 8738

One tap mobile

+16465588656,,81729058738#

Candace Wu

Mindfulness Tools for Families webinar is on 10/25 at 6:00pm to register click

here: https://atlanticealth.zoom.us/webinar/register/WN_2ltDmBEPT4ygT22KLXzTIQ

Megan Biemesderfer

<https://www.tobaccofreenj.com/tft>

Laura O'Reilly Stanzilis

If you want to be my guest and the Morris Co Chamber Health and Wellness Committee email Laura@njhealthmatters.org

NOURISH NJ WALK/HIKE WITH TEAM THRIVE MORRIS IN RANDOLPH THIS SATURDAY 10/22 8:30 am <https://www.thrivemorris.com/event/hike-with-team-thrive-morris-for-nourishnj/>

Leslie A Bivins

African American Wellness Coalition is hosting a Virtual Women's Night Out

<https://atlanticealth.zoom.us/j/82487706750?tk=MOUaqSzqyziL-gtj9Srgt9EqaKK1DKZt5DzTEiaVZA.DQMAAAATNkaEfhZOTEVhVVNTSIFmRzA2VVk1NVZFSGZ3AAAAAAMnKOSUE1RzE5dUJjQnVVQT09>

Holly Dinneney, Cornerstone Adult Day Center

Proud to share a new video highlighting the Morris Adult Day Center program. Next best thing to a tour! Scholarships and transportation are available - Check it out and help us spread the word!
<https://www.youtube.com/watch?v=7yaFL5iGSEM>

Mary Ellen Zung

Contact me for more info about these events. 973-617-

6742, coachmaryellen@outlook.com, www.maryellenzung.com,

Thrive Morris Hikes, 427 Mountain Way Park, Morris Plains, this Saturday, 8:30 am

Megan Biemesderfer

<https://www.tobaccofreenj.com/gaso> Great American Smoke Out resources GASO is on 11/17 and there will be a webinar on it on 11/1, <https://www.tobaccofreenj.com/tft> Tobacco Free Tuesdays Webinar Library Upcoming webinar on 10/25 on LGBTQ+ 101 & Tobacco Use For more information contact Elise@centerforprevention.org or Meg@centerforprevention.org

Mary Ellen Zung

People's Picnic Table Ribbon Cuttings, Veterans Memorial Park, Randolph, Saturday, 10/29, 10:00 am and another on 11/5 at 4:30 pm, Kanouse Park, Boonton.

Charlene O'Brien

Child & Family Resources cobrien@cfmorriss.org cfmorriss.org - we have an over abundance of adult diapers and bed liners I would love to assist distribution, we are also accepting nominations for the SHINE educator of the year as well as ticket purchase, any questions let me know

From Katie Cunningham, ORN to Everyone 11:53 AM

<https://opioidresponsenetwork.org/>

Katie Cunningham

katherine.cunningham@nyspi.columbia.edu and emely.santiago@nyspi.columbia.edu thanks for having us!

Emely Santiago, Opioid Response Network

If you have any questions regarding the Opioid Response Network, please feel free to email me at emely.santiago@nyspi.columbia.edu

Mary Ellen Zung

Hearty & Healthy Winter Soups flyer in the chat up above called 2/png. Please print and post, free and open to the public.

Laura O'Reilly Stanzilis

Contribute to/Update your info (you may need to use a different email address/go in through a different browser)) the NJHC CHIP Action Plan Here

<https://www.surveymonkey.com/r/X6566RH>

Mary Ellen Zung

Run for Good, Youth Mental Health, 5k and Family Fun Color Run, 11/13, Mountain Lakes. Flyer is oil the chat above called 2022-09-22-17...

Katherine SHELDON

Kathy Sheldon - Prasad In Home. Providing In Home Counseling, Behavioral Assistants, Respite and Day Habilitation for kids and individuals. www.prasadainhome.com 973-685-5668 info@prasadainhome.com

Kathy D'Agati

Thrive Morris Gives Kathy D'Agati kathy@backtobasicwellness.com 201-738-8321