

**SESSION 5: CHILDHOOD HEALTH CARE TRAUMA & TRANSITIONING TO ADULT CARE****ABOUT THE SESSION**

Jocelyn Berrios, MSW, LSW introduced the concepts of adverse childhood trauma and social determinants of health. These concepts were explored through a case scenario where a child was missing multiple medical appointments and the parent was declining helpful resources designed to promote the growth and development of the child. Session participants provided suggestions on ways to effectively work with both the parent and child to ensure the most positive outcomes. Ways of addressing previous adverse childhood trauma were explored.

**SESSION RESOURCES**

1.) - Learn more about adverse childhood outcomes (ACE's) by watching Dr. Nadine Burke Harris speak about how childhood trauma impacts health across the lifespan:

<https://go.rutgers.edu/6zzlw1wx>

2.) - Check out the toolkit on adverse childhood experiences provided by the Centers for Disease Control & Prevention:

<https://www.cdc.gov/violenceprevention/aces/index.html>

3.) - Learn more about the ScreenNJ program to be linked to 1:1 patient navigation and low-cost/free cancer screenings at:

[www.screennj.org](http://www.screennj.org)

4.) - Take the ACE quiz and learn what it does and does not mean:

<https://www.npr.org/sections/health-shots/2015/03/02/387007941/take-the-ace-quiz-and-learn-what-it-does-and-doesnt-mean>