

SESSION 3: COORDINATION OF COMPLEX CARE**ABOUT THE SESSION**

Catherine Thompson is an adult nurse practitioner with specialty training in geriatrics. Catherine received her initial training in geriatrics working at Mount Sinai Hospital and studying for her graduate degree from NYU. She has been at Atlantic Health for the last 12 years in several different roles. Prior to working at the DDC, she worked for 5 years at the Atlantic ACO. As the first employee of the Atlantic ACO, she led the establishment of the Care Coordination team and developed protocols and workflows. Certified through a joint project of Duke & Rutgers University as a population care coordinator, Catherine utilizes this education towards teaching and presenting in the areas of transition of care, health literacy, patient engagement, polypharmacy, care coordination and health information exchange.

**SESSION RESOURCES**

1.) - Learn more about managing multiple chronic conditions through a community health worker model:

<http://www.njhealthmatters.org/promiseppractice/index/view?pid=30455>

2.) - Review the results of guided care teams on the use of health services:

<http://www.njhealthmatters.org/promiseppractice/index/view?pid=30449>

3.) - Read about the Stanford Chronic Disease Self-Management Program:

<http://www.njhealthmatters.org/promiseppractice/index/view?pid=3281>

4.) - Check out the YMCA's Prevent Type 2 Diabetes Program:

<https://www.njymca.org/main/diabetes-prevention-program/>