



North Jersey Health Collaborative

health matters

# Community Health Improvement Plan

## Warren County, New Jersey



Warren County Health Department



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2022

## **Priority Areas for Intervention**

The Community Health Improvement Plan (CHIP) is designed to set priorities and coordinate resources to improve community health in Warren County. Using data from the 2021 Community Health Needs Assessments (CHNA), **chronic disease, mental health and substance use, healthy aging, and maternal child health** were identified as priority areas for intervention. This document outlines the priority areas for public health intervention, as well as our community health partners' SMART goals (specific, measurable, achievable, realistic) to improve these priority areas. Previously, our goals used the SMART criteria, but we believe that the time-sensitive aspect is limiting, and that our goals should be on-going. The North Jersey Health Collaborative will be tracking the progress of our community partners in executing the CHIP on the [Warren County Progress Tracker](#) page of the [NJHealthMatters](#) website.

This CHIP aligns the missions of organizations across sectors, who, through their programs and services have an impact on the health and wellbeing of their stakeholders and community members. Through education, social support, access preventive care, screenings and resources, the North Jersey Health Collaborative brings agencies and care partners together to build a strong network. We demonstrate our collective impact using our [County Progress Trackers](#) on the [NJHealthMatters](#) website.

### **Bridging the Health Equity Gap**

Local and County offices of public health have a core set of responsibilities that include assuring an adequate local public health infrastructure, promoting healthy communities and healthy behaviors, preventing the spread of communicable disease, protecting against environmental health hazards, and preparing for and responding to emergencies. In order to effectively promote healthy communities, with the goal of creating health equity, public health needs the support of community agencies and social and human services programs. Community CHIP partners provide information, education, and interventions to individuals and communities, such as education, preventive activities, interventions, healthy lifestyle activities, referrals, and social and human services. Our ongoing process includes continually adding new partners and their programs, and an evaluation process where each organization will report on Outputs and Outcomes that will be added to the Progress Tracker on the [NJHealthMatters](#) website. This plan demonstrates how partnerships between community agencies and local offices of public health may bridge the gap in health equity by addressing the social determinants of health that have an impact on health outcomes.

27 organizations are performing 82 interventions as detailed below.

**The public health partner for this CHIP was the Warren County Health Department.**

Category	Interventions	Partner Organizations' Programs and Services
<b>Chronic Disease</b>	Health insurance	Warren County Department of Human Services St. Luke's Hospital - Warren Campus
	Increase access to care	St Luke's Coventry Family Practice: <i>Access to care, care team</i> Zufall Health Center: <i>Access to care, transportation</i> St. Luke's Hospital - Warren Campus
	Address & combat economic instability	Warren County Department of Human Services: <i>address economic instability</i> St. Luke's Hospital - Warren Campus: <i>address economic instability</i>
	Promote healthy eating	SLUHN Family Medicine Residency: <i>Education, connecting patients with nutritionists, training resident physicians in how nutrition impacts health and trajectory of chronic disease</i> St. Luke's Hospital - Warren Campus: <i>Promote healthy eating</i> Nutrition for Longevity: <i>Promote healthy eating</i> Zufall Health - SNAP-ED: <i>offers educational classes to teach one how to make health food choices on limited budget</i>
	Increase physical activity	St. Luke's Hospital - Warren Campus: <i>Increase physical activity</i>
	Blood pressure screenings	Warren County Health Department: <i>Education, monitoring</i> St. Luke's Hospital - Warren Campus: <i>Blood pressure screenings</i>
	Diabetes prevention program	Oxford, NJ County Government (Health educator): <i>Evaluation of services and providers for individuals with diabetes; promotion of the National Diabetes Prevention Program in Spring 2023</i> St. Luke's Hospital - Warren Campus: <i>Diabetes prevention program</i>

	Chronic disease self-management programs	Oxford, NJ County Government (Health Educator): <i>Chronic disease self-management programs</i> St. Luke's Hospital - Warren Campus: <i>Chronic disease self-management programs</i>
	Cancer screening	Oxford, NJ County Government (Health Educator): <i>Sun safety education</i> St. Luke's Hospital - Warren Campus: <i>Cancer screening</i> ScreenNJ: <i>Cancer Screenings</i> NJCEED Norwescap: <i>Cancer Screenings</i>
	Other	St. Luke's Hospital - Warren Campus: <i>Offer screening services (free mammograms, cervical exams)</i> Oxford, NJ County Government (Health Educator): <i>Breast health education</i>
<b>Mental Health/Substance Use</b>	Drug intervention programs	Prevention Connections-Family Guidance Center of Warren County: <i>Substance use-prevention education</i> Warren County Department of Human Services: <i>Drug intervention program</i> St. Luke's Hospital - Warren Campus: <i>Drug intervention program</i>
	Narcan administration trainings	St. Luke's Hospital - Warren Campus: <i>Narcan training</i> Warren County Department of Human Services: <i>Narcan training</i>
	Depression and anxiety screenings	Warren County Department of Human Services: <i>Depression and anxiety screening</i> St. Luke's Hospital - Warren Campus: <i>Depression and anxiety screening</i>
	Counseling and therapy (individual and group support)	Prevention Connections-Family Guidance Center of Warren County: <i>Mental health</i> Warren County Department of Human Services: <i>Mental health services/referrals</i> St. Luke's Hospital - Warren Campus: <i>Inpatient and outpatient programs</i>
	School mental health interventions	Warren County Department of Human Services: <i>School mental health interventions</i> St. Luke's Hospital - Warren Campus: <i>Mental health interventions</i>

	Smoking & vaping cessation programs	Warren County Department of Human Services: <i>Smoking and vaping cessation programming</i> St. Luke's Hospital - Warren Campus: <i>Smoking and vaping cessation programming</i>
	Other	Family Promise of Warren County: <i>Homelessness prevention, shelter program, rapid-rehousing program, case management</i> St Luke's Coventry Family Practice: <i>Care team</i> Zufall Health Center: <i>Access to care, transportation</i>
<b>Healthy Aging</b>	Transportation services	Warren County Department of Human Services: <i>Transportation services</i> St. Luke's Hospital - Warren Campus: <i>Transportation services</i> Zufall Health: <i>Transportation services</i>
	Meals-on-Wheels	Warren County Department of Human Services: <i>Meals-on-Wheels</i>
	Caregiver assistance services	Prevention Connections-Family Guidance Center of Warren County: <i>Aging care</i> Warren County Department of Human Services: <i>Caregiver assistance services</i> Zufall Health: <i>Caregiver assistance services</i>
	Elder abuse prevention	Warren County Department of Human Services: <i>Elder abuse prevention</i>
	Senior nutrition sites	Warren County Office of Aging & Disabilities Services: <i>Increase healthy eating habits</i> Warren County Department of Human Services: <i>Senior nutrition sites</i> Warren County Health Department: <i>Senior nutrition sites</i>
	Senior programs	Warren County Office of Aging & Disabilities Services: <i>Increase socialization, physical activity</i> Warren County Department of Human Services: <i>Senior programming</i> Zufall Health: <i>Senior Programming</i>

	Health education services	Warren County Office of Aging & Disabilities Services: <i>Health education services</i> Warren County Department of Human Services: <i>Health education services</i> Prevention Connections-Family Guidance Center of Warren County: <i>Mental health/substance use prevention education</i> Zufall Health - SNAP-ED: <i>offers educational classes to teach one how to make health food choices on limited budget</i>
	Housing (affordability)	Zufall Health - Behavioral Health services: <i>housing inquiries</i>
	COVID-19	Zufall Health: <i>offers education for vaccine-hesitant people, including seniors</i>
	Other	Family Promise of Warren County: <i>Homelessness</i> St Luke's Coventry Family Practice: <i>Care team</i> Nutrition for Longevity: <i>Nutrition counseling and services</i>
<b>Maternal &amp; Child Health</b>	Offer prenatal, post-partum, baby, reproductive life planning & women's health services	Project Self-Sufficiency, Central Intake provider for Warren County: <i>Women's health and maternal/child health services</i> St. Luke's Hospital - Warren Campus: <i>Women's health and maternal/child health services</i> Early Head Start - NORWESCAP: <i>provide onsite and in-home services</i> PAT Program Warren - Partnership for Maternal Child Health: <i>conduct in-home HV prenatal visits up to age 3 to 5</i> Health Care Planner: <i>assisting with community health needs assessment in 3 hospitals</i> Capstone project - Rutgers University: <i>conduct key informant interviews and questionnaire, geo-spacial analysis of maternal child health as well as comparison of infant mortality among urban, suburban, and rural counties in NJ</i> CareNet: <i>pregnancy resource center located in Hackettstown, NJ</i> Life Choices: <i>pregnancy resource center located in Phillipsburg, NJ</i> Zufall Health - <i>The Maternal Wraparound Program: provide intensive case management to pregnant/postpartum individuals who are using or have recently used alcohol or drugs</i>

	State and federal-funded MCH programs	Oxford, NJ County Government (Health Educator): <i>Evaluation of maternal &amp; child health programs to promote these services</i> Connecting NJ/Central Intake: <i>pregnancy resource center that provides the simplification and streamlining of referral process</i> (Project Self-Sufficiency, Central Intake provider for Warren County)
	Health education services (youth pregnancy prevention in schools, childbirth education, smoking cessation)	McKinney-Vento Program for Somerset County School Districts: <i>Coordinating enrollment, transportation, and support services for youth experiencing homelessness</i> St. Luke's Hospital - Warren Campus: <i>Health education</i> Partnership for Maternal and Child Health of Northern NJ - The Paterson Doula Cooperative: <i>expands access to doula care, provides free community doula training, and graduating 20 new doulas this year to provide care across counties</i> Zufall Health: <i>Health education services</i> Primary Health Network in Warren: <i>offers vaccine clinic for children; investigates blood level levels in homes and provides education to those in household (this can be schedule with Warren PHN to conduct lead testing)</i>
	Provider training, especially to inform and refer to existing programs	Oxford, NJ County Government: <i>Evaluation of maternal &amp; child health programs to promote these services</i>
	Other	St Luke's Coventry Family Practice: <i>Care team</i> Nutrition for Longevity: <i>Nutrition counseling and services</i>

Submitted by NJHC Executive Director Laura O'Reilly Stanzilis RN MSM  
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